

Sri Guru Gauranga Jayatha.

KALI YUGA DHARMA

(Rules to be followed)

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INTRODUCTION

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SRI SRI GURU GAURANGA JAYATHA

INTRODUCTION

OM AGNANA TIMIRANDISYA GNANANJANA – SHALAKAYA CHAKSHUR UNMILITAN YENA TASMAI SHRI-GURAVE NAMAHA.

UNIVERSALLY RENOWNED, SRI KRISHNA CHAITANYA MISSION FOUNDER PRESIDENT AND ACHARYA SRI NITYALILA PRAVISTA ACHARYA KESARI OM VISHNUPADA 108 SRIMAD BHAKTHI SIDDANTA SARASWATHI GOSWAMY THAKUR PRABUPADA'S NEAR & DEAR DICIPLE BLESSINGS OF H.H. TRIDANDI SWAMY B.V. PURI GOSWAMY MAHARAJ, (DISAPPEARANCE DAY) 4th BRAJA VIJAYA CELEBRATIONS TO HIS LOTUS FEET WE ARE DEDICATING THIS SCRIPTURES.

PRESENTLY SRI KRISHNA CHAITANYA MISSION ASHRAM ACHARYA DEVA TRIDANDI SWAMY SRI SRIMAD BHAKTHI KAMAL GOVINDAMAHARAJ'S BLESSINGS TRIDANDI SWAMY BHAKTHI KANKAN BANA MAHARAJ SRI KRISHNA CHAITANYA ASHRAM HEAD PRIEST COMPOSER, & EDITOR. I AM, DEDICATING THIS BOOK & OTHER BOOKS TO ALL THE DEVOTEES, TEMPLE VISITORS.

MY OTHER BOOKS: "SRI STHOTHRA KADAMBAM", "SRI KRISHNA TEMPLE SIGNIFICANCE"," MAHATHYAM OF KRISHNA TEMPLE DARSHAN", "GOPIKA GEETHAM", "SRI CHAITANYA THATHVAM","GODAVARI PUSHKARA MAHATHYAM","SANKEERTHANA KAUSTHUBHAM","HARI NAMA SATHAKAM", "SRI HARI NAMA JAPA YAGJNAM"."SRI KRISHNA CHAITANYA DIVYA KSHETHRA MAHATHYAM". "SRI KRISHNA CHAITHANYA GOSEVA", "SRI RADHA KRISHNA UNIQUE UNIFICATION FORM","SRI BHAKTHI VAIBHAVA PURI GOSWAMI MAHARAJ VARI LIFE HISTORY", ALONG WITH THIS HAS COMPOSED MANY BOOKS THIS "KALIYUGA DHARMA" CALLED BOOK N GIRLDASA ADHIKARI HELPED FOR COMPOSING.

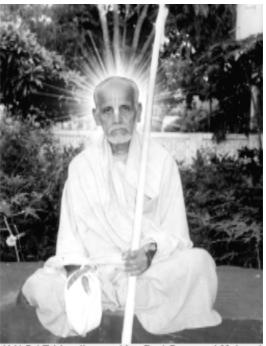
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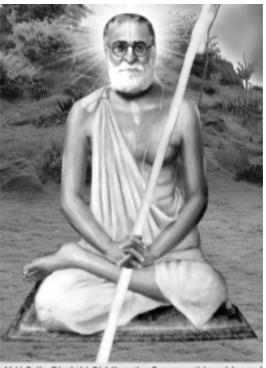
SRI GURUCHARAN DASANUDAS TRIDHANDI SWAMY BANA MAHARAJ



H.H.Sri Tridandi swami b.k.Govind Maharaj (Present Acharya Deva)



H.H.Sri Tridandi swami b.v.Puri Goswami Maharaj (President & Acharya Deva)



H.H.Srila Bhakthi Siddhantha Saraswathi prabhupad



All Glories to Divine master and Gouranga

DO'ES OF KALI YUGA

As per the knowledge inherited from the sages here are 4 yugas. 1.Kruthayuga 2.Threthayuga 3.Dhwaparayuga 4.Kaliyuga. Aim of life is to attain salvations, to reach the lotus feet of sri Krishna. Demi God dharma is compared to a cow. This cow walks with four legs in krutha yuga, with 3 legs in thretha yuga, with 2 legs in dhwapara yuga and on single leg in kaliyuga. Reason to walk on one leg is ill is disappearance of dharma.

Ill-effects of kaliyuga are described in puranas, people leavethe path of truth, justice and follow illegal ways and means for earning money. Unrest, violence, disorder injustice we will see everywhere. Famines, draughts, floods are common. Due to these disasters people forget human relations and blame God, brahmanas, Vedas and sastras. People will not perform yagnas and yagas. Nobody will respect mother, father, teacher, elders and guests. Ladies

will act according to their wish and will. Without marriage give birth to children. People take drugs, tobacco products and gamble. Everybody will discuss about brahma but nobody will implement righteousness. These are all common practices of kali yuga. Everybody wants physical wants to gather wealth, eats others food. Everybody wants to fulfill lust. Men try their best to attract women. By the influence of kali people will change their life style.

Kaledhyoshanidhe rajan sthi he ko mahan gunaam.

Keerthi naande vakrushnasyamuktha sanghaah param vrajeth. (Bhagavatham 12:3:51)

- Nobody will follow caste, ashram traditions.
- 2. Nobody acts according to Vedas.
- 3. Students will marry teachers children.
- Everybody whatever they feel good follow it as if it is dharma.
- Ladies leave their poor husbands and become keeps of rich men. In the name of

liberty and freedom women lead their life according to their wish and will. They will not obey, care, bother about any thing and anybody.

- 6. Nobody will do pithru karmas, cermonys.
- Citizen will always suffer with Draught, bad habits, bad words.
- Children will not follow celibacy. Children will go to other countries or foreign countries for studies only to earning money. They will have unlimited desires. For earning money they will become servant to the material world. All these are only due to ill effects of kaliyuga.
- People will suffer on account of evil practices.
- Sudhras are becoming rulers and administrators.
- People will torture brahmanas. They will kill undelivered baby in the womb.
- Blaming of supreme personality of God head, Sri Krishna or Sri Maha Vishnu, Reject Vedas. Follows adharma, by joining other religions, they will leave their own dharma.

- Brahmanas will not study Vedas, shastras.
 They will not follow the customs of hindu religion.
- By leaving the path of Vedas and sciences, Brahmins instead of Gods service wait at the gate of political leaders in this kaliyuga.

On account of kali sins, people's life span will decrease. Due to luxuries, people suffer with unknown sexual deceases and leave this world in the early age itself.

To save from the sins of kali yuga, to get rid of sins, the only way is chanting of Hari nama. Krutheya dhyaayatho vishnuthrethaayam yajayatho makhai: Dhvaapare paricharyaayam kalau thath hari keerthinaath!! (Bhagavatha 12:3-52)

Meaning:- People used to get salvation by meditation in krutha yuga, by performing yagnya in thretha yuga, by services in dhwapara yuga. But in kali yuga only by chanting hari's name itself one will get salvation.

It is mentioned in kali santaranopanishad that Hari's name chanting is the only way to get salvation.

Harernama, harernama, harennameva kevalam | Kalaunyasthyeva, nasthyeva, nasthyeva gathi anyaddhaa | | (Bruhannaradheeyam).

Appearance of sri Krishna chaitanya maha prabhu.

Sri chaitanya maha prabhu with resplendent beautiful gold colour divine body with sandal wood ornaments appeared in this world on the 23rd day of phalguna of the saka era 18-2-1484 who is no other than sri Krishna himself. He manifested himself as an incarnation of devotee to enlighten the people of dark age. He born in mayapura Brahmin family as tenth child of sri jagannath mishra and sachi devi. Due to loss of 8 girls, ninth one viswarup who abandoned the world at the age of sixteen father named his tenth son as viswambhar. On account of golden complexion neighbours call him as Gourang. Near the neem tree he born. Hence mother used to call him as nimai derived from neem tree as a prediction against all evil influences. On Vishnu sahasranama it is mentioned that Vishnu appeared on the earth with golden color with sandal wood fragrance 527 years back.

Suvarna varno hemaango varangouschandhanaangadhee Sanyaasa kruchchamasaantho nishtaa santhi paraayanam. (Mahabharath dhana dharma parva)

At the age of 8 nimai was admitted in Gurukula. Gangadhar in ganganagari village nearby mayapur. With in 2 years he became a well known scholar of Sanskrit six sastras like sikha, vyakaranam, chanda, nirukt, nyaya and ronam. He studied smrithi on his own. He competed with the disciples of raghunath siromani and defeated and was considered as the best scholar of nadia.

He married the daughter of vallabhacharya. He went to east Bengal on the banks of padma to earn money. There he confronted with reputed Sanskrit pundits and defeated in debates. The contemporaries defeated him. He preached vaishanavism.

He went to Gaya along with his followers and there he took initiation from eswara puri a vaishanava sanyasi and a disciple of renouned madhavendra puri. Adhvaitra prabhu, srivas pandit were preaching vaishnavism, they saw the change of young bited his divine miracles, heavenly powers in the house of srivas pandith, nityananda prabhu and all other contemporary vaishnay preachers from all over Bengal came and joined his faith. After taking sanyasashram he was induced to visit the house of advaitha prabhu in santhipura. Advaitha prabhu and srivas pandit were preaching vaishanavism, they saw the change of young nimai as chaitanya maha prabhu and surprised. Maha prabhu exhibited his divine miracles, heavenly powerwers in the house of srivas pandit, in the presence of his hundreds of followers. Srivas pandit nityananda prabhu and all other contemporary vaishnay preachers from all over Bengal came and joined his faith. After taking sanyasashram he was induced to visit the house of advaitha prabhu in shantipura. Advaita invited his friends & admirers from nadia and also brought his mother sachi devi. She saw her son as yathi in pain and pleasure. The holy son fell at the feet of mother and he asked permission to live in vrindavan for spiritual attainment. Then mother consulted advaitha and others and asked

her son to reside in puri. Then maha prabhu lived in puri at the request of sarvabhouma from 1st year till 48 years he lived in tota gopinath temple where he disappeared. During these 18 years, his life was one of settled love and purity. He was always surrounded by numerous follower vaishnavas who were distinguished from the common people by their purest character and learning firm religious principles and spiritual love of radha Krishna.

Chaitanya mahaprabhu visited several piligrim centres like sri kurmam, simhachalam, kanchi, madhurai, kanya kumara etc. when maha prabhu came to Rajahmundry by boat he came to chaitanya ghat. There he took rest under the shade of Bodhi tree which is still existing in the same place. In the same ghat maha prabhus greatest devotee oh Vishnu pada 108 sri sri madh bhakti vaibhav puri goswamy maharaj constructed maha prabhu went to goshpada kshetra at the time of Godavari pushkarams there he met his real devotee ramananda roy who came there to perform pitru tarpana. Maha

shown his viswarupa to him. prabhu Purushotthamacharya who is generally known as swaroop damodar, came from banaras to nadia and joined chaitanya maha prabhu. At the age of 48 maha prabhu left this world. Maha prabhu in this incarnation acted like a devotee of lord Krishna. In fact he himself is the united form radha-krishna. He propagated Hare Krishna, Hare Rama Mantra every where which is from kalisantaranopanishath. Maha prabhu performed hundred crores yagnya in mayapur. His disciples later propagated it all over india and abroad. When maha prabhu was propagating Hari nama, in all yugas all Gods, their devotees, greatest devotees of maha prabhu, nityanand, advaithacharya, Gadhadhar pandit, srivas Goura Bhaktas used to accompany him.

Sri srila Bhakti siddhanta Saraswathi Prabhupad performed hundred crores of Hari nama japa in mayapur Nadia District, west Bengal. His chief disciple om vishnupada 108 sri srimad Bhakti Vaibhav puri Goswamy propagated hare Krishna, Hare Rama Mantra all over India and abroad. Krishna chaitanya ashram, Aryapuram, Rajahmundry is also performing satakoti nama yagnya as per the instructions of Guru Maharaj.

IMPORTANCE OF HARE KRISHNA MANTRA

"kalau smaranan mukthi" then what to chant? How to chant and result of chanting let us know. Devotees always should chant the following mantra:-

Hare Krishna Hare Krishna Krishna Krishna Hare Hare
Hare Rama Hare Rama Rama Rama Hare Hare.

When to chant this mantra? There is no restriction of time. At any time it can be chanted. But daily early morning from 4:30am to 6:30am chanting this mantra gives very effective result. Everybody can chant this mantra. No restriction of age, caste etc.

How to chant? After taking bath, take Tulasi Wooden Beads mala which consists of 108 beads. First we should keep this mala in between Thumb and middle finger. First we should start

japa with the middle big bead which is called Meru. First we have to touch meru and chant pancha thathva manthra, "Sri Krishna chaitanya prabhu nityananda Sri Advaitha Gadhadhar Srivasadi Goura Bhakta Vrnda". Touching every bead we should chant Hare Krishna, Hare Rama Mantra. After completing one mala we have to start chanting again 108 times turning back.

By chanting Hare Krishna, Hare Rama mantra we get rid of our sins. We will get salvation by chanting this mantra. Lord Krishna himself said that "Naradha I am not staying in vaikunta, I am living in the hearts of yogis. Wherever my devotees are chanting my divine name I am staying there." It is mentioned in Bruhannaradiya. The importance of Hare Krishna Mantra is described in skanda puran, Kali santaranoparishadd.

Tirtha koti sahasrani Tirtha koti sathanicha Tani sarvanyavapnothi Vishnormani keerthanaath

vamana puranam

Vamana purana says that chanting hare Krishna mantra or devotee will get the fruit of visiting crores of piligrim centre. Hence everybody should chant this mantra and attain salvation. Even by listening the name also devotee will get salvation. Even by lilstening the name also devotee will get salvation. It will save from the evil planets and sarrows. By chanting devotee will not come under the influence of sense organsby chanting this divine mantra.

Getting birth of human being is a boon. All of 84 lakhs of creatures the noblest birth is human life. Food, sleep, fear and intimacy are common features for birds, animals and; human beings. But only man can chant this mantra. Hence with discretion, by leading pious life, chanting Krishna mantra, we have to try our level best to attain the lotus feet of Lord Krishna. God Krishna said in Bhagavath Geetha "yagnyanam japa yagnyosmi". Many puranas described the importance of chanting holy name. All are saying the same that nama sankeerthana is the only way to attain salvation this birth. "Dharmo

Rakshathi Rakshithaha". If we save dharma, if we observe dharma in all aspects that dharma will save us. For saving dharma nama smarana is the only way. The emotion of Krishna devotion will drive away our evil thoughts and acts. It will lead us on ethical and spiritual path of truth. Meaning of Hare Krishna mantra:-

Hare Krishna Hare Krishna Krishna Krishna Hare Hare
Hare Rama Hare Rama Rama Hare Hare
(Kalisantaranopanishad)

Hare= spiritual power of God, Radha Rani, Krishna = Karshiti it Krishna= who attracts and give happiness, Rama= Ramayathethi Ramaha = Please the heart of Radha

The inner meaning:-

Radhe Krishna Radhe Krishna Krishna Krishna Radhe Radhe Radhe Radhe Ramana Radhe Ramana Ramana Radhe Radhe As per padmapurana once if we chant Hare Rama Mantra it is equivalent to once Vishnu sahasra nama reading

Vishnorekykanamapi Sarva vedadhikam matam Tadruk nama sahasrena Rama nama samam smrutham

(padma purana)

Result 4 one Vishnu nama japa = Result of reading Vedas, 9 Rama namas = 9 vishnu sahasra namas = 1 krishna nama. In the hare Krishna maha mantra 16 krishna namas are there.

16 X 9 = 144 vishnu sahasra nama result = one Krishna nama chant. 108 Sri Krishna nama Maha mantra japa = 15552 times reading Vishnu sahasranama

Sri Rama Rama Ramethi Rame Rame manorame Sahasranama Thatthullyam Rama nama varaanane.

Sankhya Sasthra is proving that Ra is the second letter of Ya Ra La Va, Ma is the fifth letter of Pa Ppha Ba Bbha Ma. Ra = 2 Ma = 5 2 X 5 = 10 Rama + Rama + Rama Ra + Ma, 10 X 10 X 10 = 1000 – If we chant Rama thrice it will give the result of chanting 1000 times Vishnu sahasranama.

Daily if we chant 16 malas (16 X 108) with devotion, they can obtain initiation by spiritual masters. After initiation within 90 to 180 days they can achieve the result.

After knowing the importance of nama we must chant daily. We will get the power of self control. By this control we will obtain spiritual knowledge. Our goal is to know the complete knowledge of Krishna thathva. By Krishna japa, Krishna dhyana. Krishna keerthana not only the devotee but also his seven generations will get salvation. Creator, narrator and put an end to living organs. All these are in the hands of God. By chanting his name we should get salvation from birth & death. We should propagate Krishna's name, leelas, we should do temple service, service to Tulasi, service to cows etc. we should contribute ¼ of our income to the service of god. To attain mercy of Radha Krishna, we should sacrifice our life.

DOE'S OF DEVOTEE

- We should chant the name of Krishna, we should do meditation and maha mantra japa. We should meat good people and take devotee associative.
- We have to dedicate all our works, services to Lord Krishna.
- We must take part in the services of Lord Krishna.
- We must listen/read episodes of Ramayana, Bhagavatha, Bhagavad Geetha.
- We must attend sathsang for listening the glory of Sri Krishna
- 6. We must lead as well disciplined life.

THE TEN OFFENSES TO THE HOLY NAME

- To blaspheme the devotees who have dedicated their lives for propagating the holy name of the Lord.
- To consider the names of demigods like Lord Siva of Lord. Brahma to be equal to, or independent of, the name of Lord Krsna.

- 3. To disobey the orders of the spiritual master
- To blaspheme the Vedicliterature or literature in pursuance of the Vedic version.
- 5. To consider the glory of chanting Hare Krsna as an exaggeration.
- To concoct interpretations of the holy name of the Lord
- To commit sinful activities on the strength of chanting the holy name of the Lord.
- To consider the chanting of Hare Krsna to be on the same level on the ritualistic Karmic activities mentioned in Vedas.
- To struct the faithless in the glories of the holy name.
- 10. To not have complete faith in the chanting of the holy names and thus maintain material attachments. Even if in the beginning one chants the Hare Krsna mantra which offenses, one will be come free from such offenses by chanting again and again (and faithfully serving the pure devotee)

(Padma Purana Brahma-Khanda 25.15-18,22-23)

PRINCIPALS TO FOLLOW TO ATTAIN SPIRITUAL NOBILITY

- We should not eat meet, fish, eggs, onion, garlics etc.
- Don't have any illegal contacts with women.
- Give up drugs, intoxicants, Gutkha, Pan parag, Tobacco products, Coffee, tea.

4. No Gambling.

By following disciplined life we can get salvation and Lord Krishna in this birth otherwise we are destructing of life meaninglessly, well disciplined life is like a water bubble. The life span in krutha yuga was 100000 years. People used to do penance for thousands of years for the divine sight of God. In thretha yuga the life span of people was 10000 years. By performing yagnyas saints and sages used to get divine darshan of God. In Dhwapara yuga life span was limited to 1000 years. By doing puja, archana service to God people used to get divine darshan of God. The divine darshan and salvation are

possible in kaliyuga only by chanting Hari nama because the life span of people in kaliyuga is very much limited to 100 years only. Due to the evil effects of kali, people are becoming ethists, luxurious and violating principals of Vedas and sastras and acting according to their wish and will and leading miserable sinful life, restless and with full of sarrow.

To get rid of from wordly attractions, to save ourselves from sins and to get salvation in this birth and attain Lord Krishna only way is Hari nama sankeerthana. Every devotee should lead spiritual life in the society like a role model to community like a reformer in the society. So it is possible to a devotee to attain eternal peace & happiness himself and also the society in which he is living. Teach & preach Harinama chanting to your neighbours, relatives and everybody whomever you are in touch with.

Chent

Hari Krishna Hari Krishna Krishna Krishna Hari Hari Hari Rama Hari Rama Rama Rama Hari Hari be Happy

